

PRINCIPLES OF THE LINEOUT



Club	Date	Book
Newark RFC	16/10/2024	https://bit.ly/45Dnul3
Derby RFC	13/11/2024	https://bit.ly/4eExvTg
Scunthorpe RFC	09/12/2024	https://bit.ly/4ePqcrZ
Nottingham Moderns RFC	19/03/2025	https://bit.ly/3VFWH2O
Stamford RFC	26/03/2025	https://bit.ly/45EJ20g
Chesterfield Panthers RFC	02/04/2025	https://bit.ly/4eMlrhE

Minimum
Age - 14

2.5 hours

This course is an introduction to coaching the lineout. The course has a blend of theory alongside a practical session observation exploring England Rugby's principles of the lineout and is designed to help coaches, match officials and volunteers to know how to prepare players to be safe and effective when taking part in a lineout.

£10



England
Rugby