



NLD RFU CB, in association with the Rugby Football Union, are looking for talented coaches to staff the Girls England Rugby Developing Player Programme

Job Description

Job Title: England Rugby Developing Player Programme Lead Coach for NLD RFU

Responsible to: NLD Head of Girls Rugby

Outline of Programme

The England Rugby Developing Player Programme is committed to providing a high quality player development experience, which encourages lifelong participation in the game and enables those with the greatest potential to be clearly identified. This programme is aimed at players in the Under 16 age band.

Outline of the Role

Applicants should demonstrate a real passion for coaching and the development of young female athletes. The successful applicant will lead a strong coaching team, reporting in to NLD Head of Girls Rugby and NLD Girls Opportunities Officer, and must be willing to work collaboratively to achieve the outcomes of the programme.

Key Tasks

- To lead the coaching team in planning and delivering sessions, building and maintaining effective coach to coach relationships and creating unity of purpose.
- To oversee assessment days to benchmark young players and invite those with potential to attend the programme.
- To monitor programme delivery to ensure they meet both the needs of the players and the objectives of the programme.
- To ensure that the coaching team are providing on-going individualised practice plans and feedback to all players within the programme.
- To reflect continuously on the coaching practice of yourself and others with the aim of improving future player experience.
- To commit to on-going personal development and training to ensure that delivery practices, skills and knowledge are as up to date as possible.
- To inspire young female athletes and set the tone for a successful development programme underpinned by the values of TREDs.



Person Specification

Skills and Education

- It is anticipated that lead coaches will have achieved, as a minimum, ERACA, or be working towards, and have a current RFU DBS check.
- Lead coach should possess an RFU First Aid Certificate or be prepared to attend a First Aid course (paid for by NLD RFU) within first few months and have attended a Safeguarding Play it Safe course.
- A lead coach should demonstrate significant commitment to their personal and professional development and look to engage in learning opportunities both cross-sport and sport specific. (Evidence of this commitment is highly desirable).
- Have an understanding of Player Centred Coaching and ability to adapt coaching style to meet the learning style of players. (Evidence of this is highly desirable).
- Be able to converse with players, parents and coaches to assist self-reflection, setting of appropriate development goals and engagement with the programme.
- Have knowledge of physical/psychological development of young people and can work with specialists on appropriate development plans for maturing players.

Qualities and Attributes

- Able to actively manage all aspects of the programme including Technical, Tactical, Lifestyle, Physical and Mental development.
- Displays self-motivation, initiative, tenacity and resilience and ability to work independently as well as part of a team.
- Can develop short and longer term plans for player and coach development.
- Has professional perspectives on player care and ethical practice.
- Adapts quickly and with enthusiasm to changes and un-predictable events.
- Can show evidence of a creative approach to management and coaching.
- Able to develop and nurture collaborative and productive working relationships (both internally and externally) working towards the objectives of the programme and to challenge appropriately, and positively, any behaviour from others that does not support programme aims and ethos.