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## **Coaching Year X & Year X girls and boys in schools in 2025**

**An agreement between the NLD Age Grade Team, COACH / PROVIDER NAME and CLUB**

### **1. Project overview**

**CLUB** are seeking to develop links with local **primary?/ secondary?** schools through programmes of non-contact rugby coaching sessions for **X number** age groups, run by Level 2 coach, **COACH / PROVIDER NAME** that end in rugby festivals. They plan **X NUMBER** programmes of 5 sessions in 4 schools = 20 hours + delivering an after-school festival from 4 - 6pm = 3 hours including set up (23 hours per age group)

The sessions will be for girls & boys in **Year X (UX)** and for **Year X (UX)**.

NLD Age Grade Team would recommend a minimum 50% girls' involvement in the programme. Where schools arrange PE for boys and girls separately, we will be happy for **COACH** to prioritise girls' rugby.

### **2. Payment**

The project will be joint funded by **CLUB** and the NLD Age Grade Team.

For the project, **COACH** will report to and be remunerated by **CLUB**, who will be responsible for his payment and overseeing the project to ensure KPIs are met.

Payment of **£XXXX** will be made to **COACH** for coaching **X NUMBER secondary? / primary school?** programmes of 23 hours @ **£XX = £XXX** per age group.

Payment of **£XX** per hour is in recognition of **COACH's** qualifications and experience.

The budget is agreed at **£XXXX** to allow for **£XXX** for administration time linked to the project.

On final agreement of the contract, NLD Age Grade Team will forward **£XXX** to **CLUB** as 50% payment for the project. **CLUB** will be responsible for payment of the remaining **£XXX**

### **3. Key Performance Indicators (KPIs) for stakeholders**

#### **COACH / PROVIDER NAME**

1. Delivery of the required number of school coaching sessions in **X** schools for **Year X (UX)** and **Year X (UX)** girls and boys, followed by a festival for each year group. The festivals should include at least one team from each school at the host club (at least 50% of the players to be girls).
2. Positive approval rating from schools in a post-programme survey, including questions relating coaching delivery, safeguarding and TREDs as well as questions to be answered by children. **COACH** to forward email and phone contacts for school staff who will manage the questionnaires.
3. Positive approval from **CLUB** in a post-programme survey.

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### **CLUB**

1. Provision of host support and related costs for a club-based festival for each of the **X NUMBER** age groups (this will include food and possibly transport).
2. **UX, UX and UX age group** coaches for girls and boys club teams attending the festival or supporting the work in the schools.
3. Provision of post programme support to promote the recruitment of players into **UX, UX and UX age group** boys and girls club teams. This could include a non-contact playing and coaching programme run during the school holidays. It could also include vouchers or introductory membership rates for new recruits or 'bring your friend' vouchers for players who introduce new players who eventually sign up for the club.
4. Provision of plans and service agreements across relevant age groups to ensure there is a strong welcome and targeted coaching to integrate new players into the club
5. Target 10% of players at the club festivals recruited to boys' and girls' teams.
6. Provision of follow-up activity to further develop regular and sustained club links with schools.

### **NLDRFU Age Grade Team**

1. Support for **COACH** and **CLUB**, including school visits where needed and attendance at festivals, plus a review meeting at the end of the programmes.
2. Production of school and club questionnaires for reviewing the project.
3. 10% of players at the club festival recruited to the host club.
4. Club developing sustained and regular links with their local schools.
5. If the programme is successful, NLD Age Grade Team will look at repeating the funding for the 2025/26 season.