

| AGE GROUP:  | U9 (Mixed)  | U10 (Mixed)  |
|---|---|--|
| Game Format:  | Transitional Contact  | Tag – 6 tags to score  |
| Max no. Players per Team:   | 7   | 8  |
| Ball Size:  | 3   | 4  |
| Max. Pitch Size (m):  | 60 x 30   | 60 x 35m   |
| Max Mins per Half:  | 15  | 15   |
| Max Mins per Day*:  | 60 mins playing/training  | 60 mins playing/training   |
| <p><i>* From 2023/24 season, fifteen minutes of Activate preparation time may be added to the maximum minutes per day on match and festival/tournament days</i></p> |   |  |
| Scoring:  | Tries only  | Tries only   |
| Key Points:   | <ul style="list-style-type: none"> <li>• Introduction of tackle</li> <li>• No rucks, mauls, scrums or lineouts</li> </ul> | <ul style="list-style-type: none"> <li>• Introduction of: <ul style="list-style-type: none"> <li>• 3-player, uncontested scrums</li> <li>• 1v1 contest for the ball</li> <li>• Maul</li> <li>• Ruck</li> </ul> </li> </ul> |
| Full Rules of Play:   | <a href="#">Regulation 15 Appendix 3</a>  | <a href="#">Regulation 15 Appendix 4</a>   |

**NB: Information correct for 2023/24 season**

**Please refer to RFU Regulation 15 for updated law variations**