

AGE GROUP:	U11 (Mixed)	U12 (Boys) and U12 (Girls)
Game Format:	Transitional Contact	Transitional Contact
Max no. Players per Team:	9	12
Ball Size:	4	4
Max. Pitch Size (m):	60 x 43m	60 x 43
Max Mins per Half:	20	20
Max Mins per Day*:	70 mins playing/training	70 mins playing/training
<p><i>* From 2023/24 season, fifteen minutes of Activate preparation time may be added to the maximum minutes per day on match and festival/tournament days</i></p>		
Scoring:	Tries only	Tries only
Key Points:	Introduction of: <ul style="list-style-type: none"> <li>• 3-player scrum (strike, no push)</li> <li>• 2v2 contest for the ball</li> <li>• Tactical kicking and kicking restarts</li> </ul>	Introduction of: <ul style="list-style-type: none"> <li>• 5-player scrum (strike, no push)</li> <li>• Unlimited numbers contesting for the ball</li> <li>• Hand off (below armpits)</li> </ul>
Full Rules of Play:	<a href="#">Regulation 15 Appendix 5</a>	<a href="#">Regulation 15 Appendix 6</a>

**NB: Information correct for 2023/24 season**

**Please refer to RFU Regulation 15 for updated law variations**