



Graeme Gunn
Honorary Team Manager
NLD Under 20 squad
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24th November 2016

Dear Coach,

My name is Graeme Gunn and I am Manager of the NLD under 20 squad.

This letter gives you details of this season's NLD under 20s championship campaign. Over the last three seasons NLD has had 19 players represent the midlands and three (Luke Frixou, Jay Heath and Alex Goble) who represented England counties.

You are receiving this letter as you are our coaching/Secretary contact at your club. If you are not the coaching contact - please pass this letter on to the relevant person and also let Nicole at the office know. We are very keen to expand the player pool in the NLD under 20 squad with players who play first team rugby (or are capable of) or have played representative rugby at under 16/18 or 20 previous seasons.

The NLD coaching team are very keen to develop your players' individual skills where possible to ensure they get the maximum out of their talent and come away having learnt something.

Head Coach	Phil Milton	07723 621601	philmitly@hotmail.com
Manager	Graeme Gunn	07779 596929	graeme.gunn@ntlworld.com
Backs Coach	Adam Gallagher	07731 954171	Adgall01@hotmail.com
Forwards coach	Steve Grainger	07717 367832	Stevegrainger.grainger@gmail.com
Assistant backs coach	Jake Lamb	07519 381441	Lamb.jake@hotmail.co.uk

Please see the reply slip attached (please post or email it back to Nicole at the office at the address below) with your player nomination(s) and their details. **Please return to the NLD office (by email/post/or email/ phone myself) by the 12th December 2015.** Once again we have arranged the trials and training sessions on a Sunday. This decision has been made after listening to coaches and players alongside their other club and university training and playing commitments. Having been a coach myself for many years I do understand that this is important.

Our training sessions are on a Sunday afternoon as noted below and the sessions will be focussed on game plans and implementation and will not involve a lot of heavy contact etc. We are still negotiating the training location but the dates schedule is below for your records.

NLDRFU Ltd, CB/RDP OFFICE: Northgate Business Centre, 38 Northgate, Newark, Notts, NG24 1EZ
Tel: 01636 640800, **Email:** nldrfu@therfu.com, www.nldrfu.co.uk

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We have a very good chance of seeing our players going through to the Midlands and also reaching the next round of the counties competition. I would also add that the England under 20 selectors watch our matches. A real opportunity for your players to be seen.

Date	Training/fixture	Location	Time
Sunday 18th December	Trials/Training	TBC	1.30pm
Sunday 8th January	Trials/Training	TBC	1.30pm
Sunday 15th January	Trial/Warm up game v Lancashire	TBC	1.30pm
Sunday 22nd January	Training	TBC	1.30pm
Sunday 5th February	Training	TBC	1.30pm
Sunday 19th February	Training	TBC	1.30pm
Sunday 26th February	Match v Warwickshire - away	TBC	1.30pm
Sunday 5th March	Training	TBC	1.30pm
Sunday 12th March	Training	TBC	1.30pm
Sunday 19th March	Match v Oxfordshire - home	TBC	1.30pm

Keep an eye on the NLD website for further information and, in the meantime, when you send the slip back please ensure you fill out the player's full name, playing position(s) date of birth, contact phone number and email address. The player needs to be under 20 on the 1st September 2016 – i.e. born after 1/9/1996. I would stress, ideally, these players should have the ability to play senior first team rugby even although they may not currently be.

Many thanks for reading this and I would stress that the NLD Under 20 squad is an excellent pathway for your players to develop their skill and get themselves in front of England counties selectors.

Yours sincerely



Graeme Gunn
NLD under 20's Honorary Team Manager

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