



CB to CENTRE OF EXCELLENCE

Selection Criteria

Coaches are not expected to assess players on every aspect of the selection criteria and should use their coaching experience to make an informed decision based on the evidence they see during all sessions and matches.

Skill Area	Breakdown of Assessment Areas
Work Rate	<ul style="list-style-type: none"> Always gives maximum effort Shows a real drive to improve
Tackling	<ul style="list-style-type: none"> Tackles effectively Is technically competent Contests for the ball and makes turn overs.
Catch and Pass	<ul style="list-style-type: none"> Competent passer of the ball from both hands. Can make a variety of effective passes. Can beat opponents using a variety of techniques- footwork or carry
Contact	<ul style="list-style-type: none"> Is secure with the ball in contact and effective with ball presentation. Good body height, shape and leg drive. Can identify and execute offload opportunities.
Game Sense	<ul style="list-style-type: none"> Is a good decision maker, can read the game effectively. Willing to take responsibility and understands the laws. Communicates effectively Can make things happen and have an influence on others around them
X Factor	<ul style="list-style-type: none"> Physical or technical attributes that sets them apart from other players. Whilst not the 'finished article' - has <i>real potential</i> to progress in either 7s or 15s pathways