



England  
Rugby

**ENGLAND RUGBY**

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**GIRLS CB & CoE DEVELOPMENT PLAN**

# RECONNECT - REVITALISE - RESTART



“It’s wonderful to see light at the end of the tunnel and we are as delighted as clubs and players across the country that they will soon be able to resume training” – Steve Grainger Rugby Development Director

We have all had mixed experiences over the last 14 months, but as we come out of this lockdown a clear roadmap and direction of travel is essential.

Through this process our ambition is to;

## 1. RECONNECT

- BUILD ON EXISTING AND CREATE NEW PARTNERSHIPS

## 2. REVITALISE

- TALENT ENGAGEMENT THROUGH EACH CB
- TALENT DEVELOPMENT THROUGH CENTRES OF EXCELLENCE

## 3. RESTART

- STAGED APPROACH
- ROADMAP FOR DELIVERY

# 1. RECONNECT



Joining the dots.....

The best pathway systems are those where every stakeholder knows where they add value, where every stakeholder values the contribution of others and all work towards a common goal.

*“Providing a culture for learning and development, a system that is inclusive and accessible, and a platform that generates quality experiences for all involved.”*

## ACTIONS

1. Create a platform to champion the best interests of the games talented players. A platform to co-ordinate and deliver appropriate development and playing opportunities.
2. Establish local engagement events to inform and listen to players, parents, clubs and coaches

# 2. REVITALISE



***“I’d rather regret the risks that didn’t work out than the chances I didn’t take at all” Simone Biles***

The recent Covid pandemic has been challenging, at the same time it has also enabled us time to reflect on our current system. Many aspects have worked and should remain, but some have been less effective and need to evolve.

To achieve the platform, on which all players can reach their potential, we need to consider the training and playing programmes we are responsible for, the impact and load on the individual and the consequences of early selection, de-selection and specialisation.

## **ACTIONS**

1. Create a system that supports the different stages of development and progression of players
  - CB Talent Engagement – provide an early experience of a talent nomination, identification and development programme with a focus on skill development and acquisition, game understanding and the physical components that help a player unlock their potential.
  - COE Talent Development - build upon the platform created at CB by further developing and confirming core skills and tactical application (with positional specificity) in competitive environments and different game situations that help a player improve their potential.

# 3. RESTART

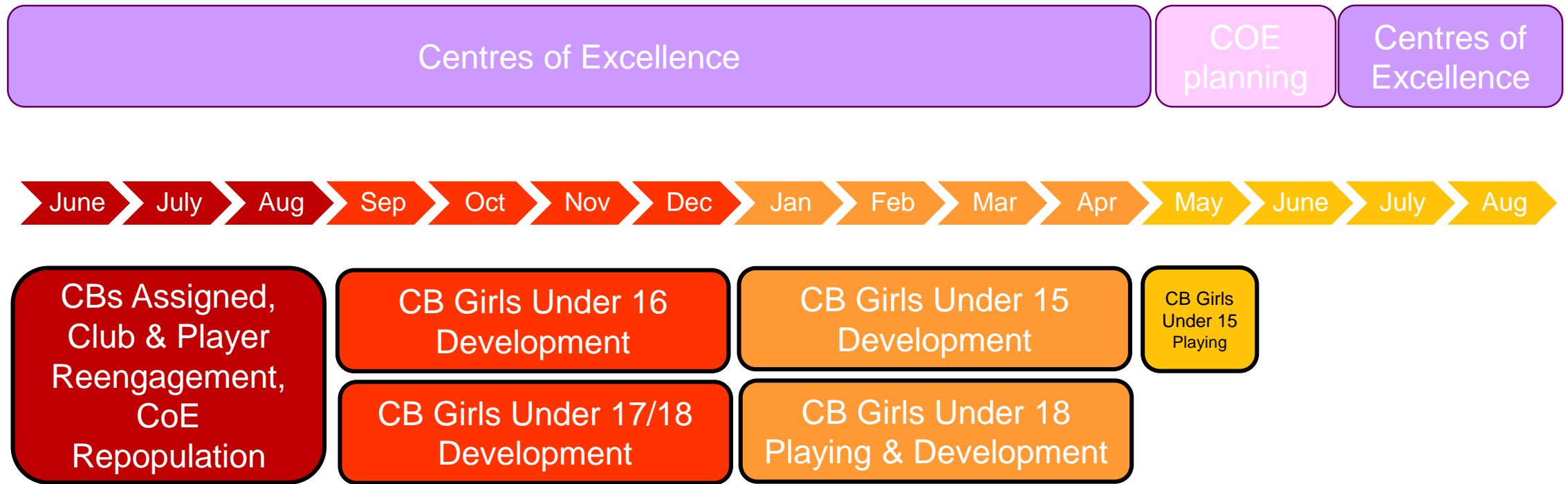
*“If you always do what you’ve done.....you’ll always get what you’ve got” (quote reference various)*

Responding to the current situation and building towards the future providing clear direction, through incremental stages and a 15 month roadmap to move us to September 2022

## ACTIONS

1. Create a restart to success roadmap
2. Detail who is the priority focus and why
3. Provide clarity on what that looks like

# ROADMAP



**CB** – provide an early experience of a talent nomination, identification and development programme with a focus on skill development and acquisition, game understanding and the physical components that help a player unlock their potential.



**CoE** – build upon the platform created at CB by further developing and confirming core skills and tactical application (with positional specificity) in competitive environments and different game situations that help a player improve their potential.





# Repopulation Process

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- Potential assessment opportunities
  - Club festivals during May/June/July
  - CB specific development opportunities
- Potential nomination through Club to CB and CB through to CoE
- CB under 18 Managers/Coaches Teams meeting late May to confirm process for each CB

# Repopulation Process

- Assessment/Trial over 2 days- by start September (to allow contact training)
- Selection: Look Beyond Now for Potential; Patch diversity



- Playing History- 1 year v 10 year?
- Multi Sport Background
- Physical Potential/ Attributes- especially front 5 potential
- Reasons to Select In rather than Select Out



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